



# Life Skills Lab

## Summer 2025

Boot Camps | Clubs  
Life Skills Programmes  
Camps | Award Programmes



This way for  
more fun





Agenzija Żgħażaġh is launching a dynamic and inclusive summer programme across all its centres in Sta Venera, Msida, Qawra Paola MCAST, Marsaxlokk and Dingli Activity Centres and Għajnsielem Gozo. The Summer Life Skills Lab 2025 will feature an exciting mix of life skills programmes, youth clubs, camps, boot camps, and award programmes – all aimed at empowering young people and supporting their personal growth.

A team of professional youth workers will be actively involved to ensure high-quality delivery and support across all activities.

The Summer Life Skills Lab 2025 is free of charge.

### **Purpose and Goals**

The Summer Life Skills Lab 2025 is designed to offer a summer that empowers young people through hands-on learning, creativity, and exploration. Its goal is to:

- Foster personal development;
- Enhance key life skills like leadership, communication, creativity, and critical thinking;
- Promote inclusion, equity, diversity, and human rights;
- Encourage active citizenship and community engagement.

Through collaborative learning, interactive projects, and fun activities, young people will build confidence, resilience, and friendships in a safe and stimulating environment.

# Bootcamps

## [Lens of Change: Capturing Activism Through Photography](#)

*(Supported by Eurodesk)*

📅 7–11 July 2025 | ⌚ 09:00–12:30 |

👤 Ages 13–16 | 📍 Sta Venera

A creative boot camp where participants tell stories through photography and visual activism.

## [Plant!](#)

📅 7–10 July 2025 | ⌚ 08:30–13:00 |

👤 Ages 13–16 | 📍 Sta Venera

A hands-on experience in sustainable living. Explore how small changes in daily life can protect the planet's resources.

## [Money Wise](#)

📅 7–11 July 2025 | ⌚ 08:30–13:00 |

👤 Ages 12–16 | 📍 Sta Venera, MCAST Paola, Ghajnsielem

Master the basics of money management and financial wellbeing – and build habits that last a lifetime.

## [JumpStart Film-Making Bootcamp](#)

📅 28 July – 8 August 2025 |

⌚ 08:30–13:00 | 👤 Ages 13–16 |

📍 Sta Venera

A media production boot camp in collaboration with the Directorate for Learning & Assessment Programmes. Participants will produce a short film from scratch.

## [Rights Reloaded](#)

📅 11–13 August | ⌚ 09:00–12:30 |

👤 Ages 13–16 | 📍 Sta Venera, MCAST Paola, Ghajnsielem

Through interactive activities this boot camp explores real-life injustices and promotes peace and human rights education.

## [VR Life Craft](#)

📅 11–13 August | ⌚ 09:00–12:30 |




👤 Ages 13–16 | 📍 Sta Venera

Step into new realities through immersive VR. Develop problem-solving, empathy, and communication skills in virtual worlds.






# Life Skills Programmes




## Sound On

 Mondays (09:00–12:30) |  Ages 11–16 |  Sta Venera  
Discover the world of radio! From production to voice work — a hands-on broadcast journey.




## Stand and Speak

 Mondays (09:00–12:30) |  Ages 12–16 |  Sta Venera, Ghajnsielem, MCAST Paola, Msida  
Boost your confidence in public speaking and learn how to express yourself clearly and with purpose.




## My Next School Adventure & Fine Online

 Mondays, Tuesdays or Thursdays (09:00–12:30) |  Ages 10–11 |  Sta Venera, Qawra, Ghajnsielem  
Prepare for the move to middle school with confidence. Includes a digital wellbeing module to manage online life.




## Secondary School Survival Kit & Hashtags to Headlines

 Tuesdays (09:00–12:30) |  Ages 12–13 |  Sta Venera  
Get ready for secondary school with creativity, song, and social media literacy. Learn to engage positively and safely online.



## Stage On

 Tuesdays (16:00–18:30) |  Ages 11–16 |  Sta Venera, Ghajnsielem, MCAST Paola  
Through drama and role-play, tackle real-life issues and build creative expression skills.

## Creative Spark

 Thursdays (16:00–18:30) |  Ages 11–16 |  Sta Venera, Ghajnsielem, MCAST Paola  
Think outside the box! Engage with challenges and activities that ignite imagination and problem-solving.

## Lights On

 Fridays (9:00–12:30) |  Ages 11–16 |  Sta Venera, Ghajnsielem, MCAST Paola, Msida  
Explore shadow theatre and storytelling through the lens of current affairs. A fun, artistic way to build expressive skills.

**Get more information  
by clicking on the  
name of the  
programme title.**

# Award Programmes

## [Duke of Edinburgh's Award](#)

*(Accredited)*

📅 Thursdays (19:00–20:30) |

👤 Ages 14-21 | 📍 Ġħajnsielem

Build skills, confidence, and resilience through one of the world's most respected youth awards. Bronze, Silver, and Gold levels available.

## [Award in Youth Leadership](#)

*(Accredited)*

📅 Fridays (8:30–12:30) | 👤 Ages 13+ |

📍 Sta Venera, Ġħajnsielem, MCAST Paola

Master the art of leadership through modules in communication, planning, civic responsibility, and more.

# Residential Camps

## [Democracy Camp](#)

📅 2–3 July 2025 | 👤 Ages 13–16

| 📍 Marsaxlokk Activity Centre

A programme in citizenship, democracy, and social responsibility – through games, activities, and debates. This camp includes a sleepover.

## [Youth Activism Camp](#)

📅 10–11 September 2025 | 👤 Ages 13–16




| 📍 Villa Psaigon Activity Centre

Deepen your civic action skills. Build on the Democracy Camp experience and take your activism further. This camp includes a sleepover.






# Clubs




## [Young Kitchen Club](#)

 Mondays (09:00–10:30) |  
 Ages 12–16 |  Sta Venera  
Chop, stir, and taste your way through fun kitchen basics. No pressure, just flavour and fun!

## [Logic & Puzzle Club](#)

 Mondays (11:00–12:30) or  
Thursdays (19:00–20:30) |  
 Ages 12–16 |  Sta Venera  
Love puzzles, riddles, and cracking codes? This club is your brain gym.

## [Earth112](#)

 Tuesdays (09:00–10:30) |  
 Ages 13–16 |  Sta Venera  
Learn how to care for the planet through hands-on eco-projects and small daily actions that matter.




## [JumpStart Film Club](#)

 Tuesdays (17:00–20:00) |  
 Ages 13–16 |  Sta Venera  
For cinema and short film enthusiasts. Watch short films, meet and discuss with local filmmakers. Also play games and make new friends.




## [Boardgame Chill Club](#)

 Tuesdays (19:00–20:30)  
or Thursdays (19:00–20:30)  
|  Ages 12–16  
|  Sta Venera, Ghajnsielem & MCAST Paola  
Games, connection, and friendship — all in a relaxed and welcoming space.

## [Music Beat Club](#)

 Thursdays (09:00–11:00) |  
 Ages 12–16 |  Sta Venera  
Make music, explore sound, and vibe with others. No experience needed — just bring your rhythm.

## [Snaplab Club](#)

 Thursdays (16:30–18:30) |  
 Ages 13–16 |  Sta Venera  
Explore photography as a creative outlet. No fancy camera? No problem — just bring your perspective.



# GET! INVOLVED

Apply here: [youth.gov.mt/sls](https://youth.gov.mt/sls)

## Venues:

**Sta Venera** | Aġenzija Żgħażaġh, St Joseph High Road, St. Venera

**Msida** | Msida Youth Cafe' Triq Il-Wied ta' l-Imnsida, L-Imnsida

**Paola MCAST** | Youth Hub, MCAST Main Campus, Triq Kordin, Paola

**Qawra** | RMHC Malta Learning Centre, Triq Wileg, Qawra

**Għajnsielem** | Aġenzija Żgħażaġh - Gozo Youth Service,  
Triq l-Imġarr, Għajnsielem

**Marsaxlokk Activity Centre** | St Francis Street, Marsaxlokk MXK

**Villa Psaignon Activity Centre** | Triq Il-Buskett, Haġ-Dingli

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